

May 2022 Neighborhood News



Interested in having your Veteran displayed on our Wall of Honor? Our Life Enrichment Team continues to gather information specific to your loved ones' time of military service. We will create a frame that will be displayed proudly along Main Street and at the cottages.

For more information on this opportunity please contact your Life Enrichment Coordinator.

Kari Belanger - 932-3032
Linda Burton - 932-3159
Sarah Backlund - 932-3650
Keira Long - 932-3621



EXCITING NEWS!

Food is medicine, and the right kind of relationship with food can make a positive impact on your health. This is why the Grand Traverse Pavilions is excited to announce starting May 1, we will be partnering with Unidine dining services to bring our residents a dining experience that works to better enhance their quality of life.

With them Unidine brings a team of Regional Executive Chefs, Registered Dieticians, and Marketing Managers. Residents and families can also expect to see some familiar faces throughout the Unidine staff as they have graciously brought on some of our former dining crew to be a part of their team.

At their core Unidine prides themselves in being solution builders, working hard to understand each individual's short and long term dining and hospitality needs. Unidine's Fresh Food Pledge is the center of their approach to dining services. Using fresh, locally sourced ingredients with scratch cooking techniques that take advantage of the latest nutritional and culinary information. All of Unidine's fresh food programs are developed to improve wellness by introducing great flavor and healthy options.

Food is a fundamental link between health and wellness, human interaction, and social responsibility. The foods we eat and ways in which we dine go far beyond just basic nourishment. The Pavilions is tremendously excited for this partnership in hopes of creating a dining experience that revolves around our residents lives, and not the other way around.



may

May 6



May 8



May 30



Creating and Nurturing



National Skilled Nursing Care Week
May 8-14, 2022



nscnw.org | #NSNCW

May 8-14 is dedicated as National Skilled Nursing Care Week. This year's theme celebrates the essential role that skilled nursing care centers and their staff play in *Creating and Nurturing Connections* with and for their residents. As human beings we have a natural yearning to connect. Studies have linked people with strong social relationships to many aspects of positive health outcomes, especially among the older adult population. Over the last few years the need to connect has never been more prevalent. Skilled Nursing facilities such as the Grand Traverse Pavilions have worked around the clock to step in and serve as family and friends to our residents ensuring they have the social connections needed to thrive to their fullest potential.



Please be patient with us as we continue to fine-tune the temperature needs of our buildings for ultimate comfort for all of the residents. It is very difficult to regulate a building of this size when we are much colder at night than we are during the day. We will be making frequent adjustments from day to day. When the warmer weather arrives consistently, we will then have the air conditioning running on a daily basis.

We thank you in advance for your cooperation.



Thinking about sending mom flowers for Mother's Day? Please consider asking your florist to arrange the flowers in a plastic vase. Plastic is a much safer, more durable medium. In the event the arrangement is accidentally knocked over the vase is less likely to break, and the arrangement is more likely to be salvaged without potential injury to residents or staff.



Social Workers

Aspen/Birch - Stephanie Annis...932-3207
Cherry - Emily Tyrrell932-3307
Dogwood - Cindi Pobuda.....932-3407
Elm - Holly Kazim.....932-3507
Rehab - Kim Kucharski.....932-3727

Main Building - 1000 Pavilions Circle Traverse City, MI 49684 (231) 932-3000
Evergreen Cottage - 521 Cottageview Drive (231) 932-3600
Hawthorn Cottage - 523 Cottage Arbor Lane (231) 932-3620
Willow Cottage - 525 Cottage Arbor Lane (231) 932-3640
Grand Traverse Pavilions Foundation Office (231) 932-3018
Website - www.gtpavilions.org



Grand Traverse Pavilions
A COMMUNITY CARING FOR GENERATIONS